

2025

CURRICULUM VITAE

NAME: Alexander Sangor Strauss BIRTH DATE: 3/13/79

BUSINESS ADDRESS: Eastern Psychiatric CITIZENSHIP: USA  
 1930 E. Marlton Pike  
 Cherry Hill, NJ 08003

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EDUCATION, TRAINING AND EMPLOYMENTUNDERGRADUATE:

1997-2001 **Duke University** BS, Psychology, May 2001  
 Durham, NC

MEDICAL SCHOOL:

2001-2005 **Feinberg School of Medicine** MD, May 2005  
 Northwestern University  
 Chicago, IL

POST GRADUATE:

7/2005-6/2008 **Resident Adult Psychiatry** *Program Director:*  
 Western Psychiatric Institute & Clinic Michael Travis, M.D.  
 University of Pittsburgh Medical Center  
 Pittsburgh, PA

7/2008- 6/2010 **Fellow Child & Adolescent Psychiatry** *Program Director:*  
 Western Psychiatric Institute & Clinic Abigail Schlesinger, M.D.  
 University of Pittsburgh Medical Center  
 Pittsburgh, PA

EMPLOYMENT

|                 |                                                                                                                                              |                                                |
|-----------------|----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|
| 11/2025-present | <b>Founder – Adult, Child, Adolescent and Sports Psychiatrist</b><br>Eastern Psychiatric, LLC<br>Cherry Hill, NJ                             |                                                |
| 10/2018-present | <b>Consulting Sport Psychiatrist</b><br>Temple University Athletics<br>Philadelphia, PA                                                      |                                                |
| 1/2012-11/2025  | <b>Partner –Adult, Child and Adolescent Psychiatrist</b><br>Centra, P.C<br>Marlton, NJ and Philadelphia, PA                                  |                                                |
| 7/2010-12/2011  | <b>Associate –Adult, Child and Adolescent Psychiatrist</b><br>Centra, P.C<br>Marlton, NJ and Philadelphia, PA                                |                                                |
| 7/2010-10/2011  | <b>Staff Physician On Call</b><br>University of Medicine and Dentistry New Jersey<br>UMDNJ School of Osteopathic Medicine<br>Cherry Hill, NJ | <i>Department Chair:</i><br>Geetha Kumar, M.D. |

CERTIFICATION AND LICENSUREMEDICAL LICENSURE

|              |             |              |
|--------------|-------------|--------------|
| 2010-present | CDS License | New Jersey   |
| 2010-present | DEA License | New Jersey   |
| 2009-present | MD License  | New Jersey   |
| 2018-present | MD License  | Pennsylvania |
| 2018-present | DEA License | Pennsylvania |

CERTIFICATION

|              |                                                                                                                      |
|--------------|----------------------------------------------------------------------------------------------------------------------|
| 2019         | <b>Certificate of Additional Training in Sports Psychiatry</b><br>International Society for Sports Psychiatry (ISSP) |
| 2011-current | <b>Board-Certified Child and Adolescent Psychiatry by the ABPN</b>                                                   |
| 2010-current | <b>Board-Certified Psychiatry by the American Board of Psychiatry and Neurology (ABPN)</b>                           |

## HONORS

|              |                                                                                                                                                            |
|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2025         | <b>2025 Volunteer Faculty Award</b><br>Rutgers Health Robert Wood Johnson Medical School Dept of Psychiatry                                                |
| 2025         | <b>Top Physicians</b><br>South Jersey Magazine July 2025                                                                                                   |
| 2024         | <b>Top Docs Patient Poll</b><br>SJ Magazine Sept 2024                                                                                                      |
| 2024         | <b>Top Docs for Kids</b><br>SJ Magazine March 2024                                                                                                         |
| 2023         | <b>Top Docs for Kids</b><br>SJ Magazine March 2023                                                                                                         |
| 2022         | <b>Top Docs for Kids</b><br>SJ Magazine March 2022                                                                                                         |
| 2021         | <b>Top Docs Patient Poll</b><br>SJ Magazine Sept 2021                                                                                                      |
| 2020         | <b>Top Docs for Kids</b><br>SJ Magazine March 2020                                                                                                         |
| 2019         | <b>Top Docs for Kids</b><br>SJ Magazine March 2019                                                                                                         |
| 2018-current | <b>Member, Expert Advisory Panel</b><br>New Jersey Psychiatric Association<br>Expert on Brain Injury, Sports Psychiatry, Psychotherapy, Child & Adolescent |
| 2018         | <b>Top Docs</b><br>SJ Magazine September 2018                                                                                                              |
| 2018         | <b>Top Docs for Kids</b><br>SJ Magazine March 2018                                                                                                         |
| 2017         | <b>Top Docs</b><br>SJ Magazine September 2017                                                                                                              |
| 2017         | <b>Top Physicians</b><br>South Jersey Magazine August 2017                                                                                                 |

## HONORS (continued)

- 2017      **Top Docs for Kids**  
SJ Magazine March 2017
- 2017      **Outstanding Service Award**  
Regional Council of Child and Adolescent Psychiatry
- 2016      **Top Docs**  
SJ Magazine September 2016
- 2016      **Top Docs for Kids**  
SJ Magazine March 2016
- 2015      **Distinguished Fellow (DFAACAP)**  
American Academy of Child and Adolescent Psychiatry
- 2015      **Top Docs for Kids – SJ Readers Pick**  
SJ Magazine March 2015
- 2014      **Fellow (FAPA)**  
American Psychiatric Association
- 2010      **Outstanding Child Teaching Resident**  
Western Psychiatric Institute and Clinic
- 2009-2010      **Academic Psychiatry Journal**  
Manuscript reviewer

## APPOINTMENTS

- 2014-current      **Clinical Assistant Professor**  
Department of Psychiatry at Rutgers Robert Wood Johnson Medical School

## PRESENTATIONS

- 2025      **Sports Psychiatry: The Impact of Mental Health on Athletes, Injury and Recovery**  
Grand Rounds Central Michigan University Thursday January 2<sup>nd</sup>, 2025
- 2024      **Psychopharmacology Update Friday May 3<sup>rd</sup>, 2024**  
Presentation to the South Jersey Psychological Association
- 2024      **Sport Psychiatry: The Impact of Mental Health on Athletes, Injury and Recovery**  
Grand Rounds Family Health Centers of San Diego Wednesday April 17<sup>th</sup>, 2024  
Presented to psychiatrists, therapists and other health professionals

## PRESENTATIONS (continued)

- 2023      **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop Wednesday October 25<sup>th</sup>, 2023**  
American Academy of Child & Adolescent Psychiatry 70th Annual Meeting  
Co-Presenter with Chair Jeffrey E. Max, MD and Raymond Pan, MD
- 2023      **Sport Related Concussion and Mental Illness Grand Rounds Friday February 17<sup>th</sup>, 2023**  
Presented to St. Luke's University Health Network on Sport Psychiatry and Concussion
- 2022      **Training Institute Child Psychiatry and Mental Health Lecture Monday December 12<sup>th</sup>, 2022**  
Presented to 150+ Child Study Team clinicians from around the state of New Jersey
- 2022      **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop Friday October 22<sup>nd</sup>, 2022**  
American Academy of Child & Adolescent Psychiatry 69th Annual Meeting  
Co-Presenter with Chair Jeffrey E. Max, MD and Raymond Pan, MD
- 2022      **Sports Psychiatry: Challenges Faced By Bullied, Disabled and Transgender Student Athletes. Clinical Case Conference October 20<sup>th</sup>, 2022**  
American Academy of Child & Adolescent Psychiatry 69th Annual Meeting  
Co-Presenters: Carla Edwards, MD and Aaron Jeckell, MD
- 2022      **Sports Related Concussion & Mental Illness August 31<sup>st</sup>, 2022**  
Jersey Shore University Medical Center Grand Rounds  
Speaker
- 2022      **Sport Psychiatry: The Impact of Mental Health on Injury and Recovery January 26<sup>th</sup>, 2022**  
American Physical Therapy Association New Jersey  
Speaker
- 2021      **Sports Related Concussion and Mental Illness December 14<sup>th</sup>, 2021**  
Rutgers New Jersey Medical School Dept. of Psychiatry Grand Rounds Speaker
- 2021      **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop Friday October 29<sup>th</sup>, 2021**  
American Academy of Child & Adolescent Psychiatry 68th Annual Meeting  
Co-Presenter with Chair Jeffrey E. Max, MD

PRESENTATIONS (continued)

- 2021      **Sports Related Concussion and Mental Illness  
Speaker Series June 8<sup>th</sup>, 2021**  
New Jersey Psychiatric Association  
Speaker
- 2021      **The Psychiatric Aspects of Sports Related Concussion and Mild Traumatic Brain Injury  
November 5<sup>th</sup>, 2020**  
Advanced Recovery Systems  
Speaker
- 2020      **Sports Psychiatry in Youth: Experiences and Challenges  
Special Interest Group Saturday October 24<sup>th</sup>, 2020**  
American Academy of Child & Adolescent Psychiatry 67th Annual Meeting  
Co-Presenter with Raymond Pan, MD
- 2020      **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management  
Workshop Friday October 23<sup>rd</sup>, 2020**  
American Academy of Child & Adolescent Psychiatry 67th Annual Meeting  
Co-Presenter with Chair Jeffrey E. Max, MD
- 2020      **Sports Medicine Grand Rounds at Cooper University Hospital May 12<sup>th</sup>, 2020**  
Sports Related Concussion and Mental Illness  
Speaker
- 2019      **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management  
Workshop 19 Thursday October 17<sup>th</sup>, 2019**  
American Academy of Child & Adolescent Psychiatry 66th Annual Meeting  
Co-Presenter with Chair Jeffrey E. Max, MD
- 2018      **Starting a Private Practice Workshop Friday October 26<sup>th</sup>, 2018**  
American Academy of Child & Adolescent Psychiatry 64th Annual Meeting  
Chair of the workshop on private practice
- 2017      **We can See It Coming! Clinical Management of Violent Youth In The World of  
Outpatient Child and Adolescent Psychiatry Clinical Case Conference 8 Wednesday  
October 25<sup>th</sup>, 2017**  
American Academy of Child & Adolescent Psychiatry 64<sup>th</sup> Annual Meeting  
Chair of the clinical case conference on violent youth
- 2017      **Starting a Private Practice Workshop 16 Thursday October 26<sup>th</sup>, 2017**  
American Academy of Child & Adolescent Psychiatry 64th Annual Meeting  
Chair of the workshop on private practice

PRESENTATIONS (continued)

- 2017      **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop 20 Thursday October 26th, 2017**  
American Academy of Child & Adolescent Psychiatry 64th Annual Meeting  
Co-Presenter with Chair Jeffrey E. Max, MD
- 2016      **Starting a Private Practice Workshop 6 Wednesday October 26th, 2016**  
American Academy of Child & Adolescent Psychiatry 63rd Annual Meeting  
Chair of the workshop on private practice
- 2016      **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop 42 Saturday October 29th, 2016**  
American Academy of Child & Adolescent Psychiatry 63rd Annual Meeting  
Co-Presenter with Chair Jeffrey E. Max, MD
- 2015      **Starting a Private Practice Workshop 48 Saturday October 31<sup>st</sup>, 2015**  
American Academy of Child & Adolescent Psychiatry 62<sup>nd</sup> Annual Meeting  
Chair of the workshop on private practice
- 2015      **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop 43 Saturday October 31<sup>st</sup>, 2015**  
American Academy of Child & Adolescent Psychiatry 62<sup>nd</sup> Annual Meeting  
Co-Presenter with Chair Jeffrey E. Max, MD
- 2015      **Sports Psychiatry Special Interest Study Group 15 Friday October 30<sup>th</sup>, 2015**  
American Academy of Child & Adolescent Psychiatry 62nd Annual Meeting  
Chair of the Special Interest Group on Sports Psychiatry and Sports-Related Concussion
- 2015      **Psychiatric Treatment of the Concussed Athlete January 11<sup>th</sup>, 2014**  
The Eastern Athletic Trainers' Association 2015 Convention  
Lectured on the mental health and treatment following concussion
- 2014      **Starting a Private Practice Workshop 29 October 24th, 2014**  
American Academy of Child & Adolescent Psychiatry 61st Annual Meeting  
Chair of the workshop on private practice
- 2014      **Concussion, Sports and Psychiatry Wednesday October 22<sup>nd</sup>, 2014**  
American Academy of Child & Adolescent Psychiatry 61st Annual Meeting  
Presented as a part of On and Off the Field: The Role of Sports in Child, Adolescent and Young Adult Development. Clinical Perspectives.
- 2014      **Treatment of the Psychiatric Component of a Concussion June 7th, 2014**  
Rothman Institute at Jefferson Sports Medicine Symposium  
Presented Breakout Session 1 to athletic trainers and physical therapists

## PRESENTATIONS (continued)

- 2013      **Keys to Private Practice Workshop 29 October 25<sup>th</sup>, 2013**  
American Academy of Child & Adolescent Psychiatry 60<sup>th</sup> Annual Meeting  
Co-leader of the workshop on private practice
- 2013      **Mild Traumatic Brain Injury (Concussion) September 28<sup>th</sup>, 2013**  
**Neuropsychiatric Complications and Treatment Options**  
Child and Adolescent Psychotherapy and Psychopharmacology (CAPP) Conference  
Regional Council of Child and Adolescent Psychiatry  
Presented to psychiatrists on post-concussive syndrome and treatment options
- 2013      **Psychopharmacology Update April 26<sup>th</sup>, 2013**  
Presentation to the South Jersey Psychological Association
- 2012      **Successful Transitions to Practice Member Service Forum 6 October 26<sup>th</sup>, 2012**  
American Academy of Child & Adolescent Psychiatry 59<sup>th</sup> Annual Meeting  
Presented on the topic of private practice
- 2012      **Keys to Private Practice Workshop #5 October 24<sup>th</sup>, 2012**  
American Academy of Child & Adolescent Psychiatry 59<sup>th</sup> Annual Meeting  
Co-leader of the workshop on private practice
- 2012      **Preschool Bullying September 4<sup>th</sup>, 2012**  
M’Kor Shalom in Cherry Hill, NJ  
Presented on preschool behavior, normal development from birth to age 5, warning signs of problem behavior and techniques to address concerns
- 2012      **NAMI NJ Educating the Educator Presentation June 28<sup>th</sup>, 2012**  
NJ DFC School in Cherry Hill  
Presented on psychiatric disorders, diagnosis and treatment options
- 2012      **Bullying and Teasing – No Laughing Matter May 1<sup>st</sup>, 2012**  
Virtua’s Child Development Center  
Presented on preschool behavior, normal development from birth to age 5, warning signs of problem behavior and techniques to address concerns
- 2012      **Preschool Bullying March 21<sup>st</sup>, 2012**  
Temple Emanuel in Cherry Hill, NJ  
Presented on preschool behavior, normal development from birth to age 5, warning signs of problem behavior and techniques to address concerns
- 2011      **School Anxiety Disorders Presentation December 2<sup>nd</sup>, 2011**  
Sequoia Alternative Program, Lenape Regional High School District  
Presented on the field of child and adolescent psychiatric anxiety disorder, its effects on education, diagnosis and treatment options



## PRESENTATIONS (continued)

- 2011      **NAMI NJ Educating the Educator Presentation September 2<sup>nd</sup>, 2011**  
 Quinton School Staff in Quinton, NJ  
 Presented on psychiatric disorders, diagnosis and treatment options
- 2011      **Child and Adolescent Psychiatry Overview September 1<sup>st</sup>, 2011**  
 Brookfield Academy Staff in Cherry Hill, NJ  
 Presented on the field of child and adolescent psychiatry, warning signs of mental illness, diagnosis and common childhood disorders
- 2011      **Concussion and Mental Health Lecture May 18<sup>th</sup>, 2011**  
 St. Joan of Arc School Marlton, NJ– Parent Teacher Association Meeting  
 Presented on concussions and the mental health implications of concussions
- 2011      **Concussion and Mental Health Lecture April 2<sup>nd</sup>, 2011**  
 Advocare LLC Pediatric Update - Continuing Medical Education Program at Virtua Health  
 Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2010      **Child and Adolescent Psychiatry Overview November 19<sup>th</sup>, 2010**  
 Lenape Regional High School District Child Study Team Department Meeting  
 Presented on the field of child and adolescent psychiatry, warning signs of mental illness, diagnosis and common childhood disorders
- 2010      **Child and Adolescent Psychiatry Overview October 11<sup>th</sup>, 2010**  
 Lenape Regional High School District Sequoia Alternative Program  
 Presented on the field of child and adolescent psychiatry, warning signs of mental illness, diagnosis and common childhood disorders
- 2010      **Concussion, Sports and Psychiatry Grand Rounds April 2<sup>nd</sup>, 2010**  
 Western Psychiatric Institute and Clinic in Pittsburgh, Pennsylvania  
 Presented on concussions, post concussive syndrome and the neuropsychiatric complications of mild traumatic brain injury
- 2009-2010      **Video Presentation on Concussion October 30<sup>th</sup>, 2009**  
 Allegheny Intermediate Unit, a branch of the Pennsylvania Department of Education  
 Presented on concussions including second impact syndrome and post concussive syndrome
- 2009      **Evidence-Based Psychotherapy Interventions for Treatment of Depression in the Elderly Presentation October 19<sup>th</sup>, 2009**  
 Veterans Administration Medical Center in Erie, Pennsylvania  
 Presented on cognitive behavioral therapy in patients with post traumatic stress disorder, traumatic brain injury and other special considerations

## PRESENTATIONS (continued)

- 2009      **Resident Night Poster Presentation September 14, 2009**  
Self assessed psychotherapy competence and interest in residency  
Strauss A., Travis M. and Friedman E.
- 2009      **Annual WPIC Research Day Poster Presentation June 4, 2009**  
Self assessed psychotherapy competence and interest in residency  
Strauss A., Travis M. and Friedman E.
- 2009      **AADPRT Annual Meeting Poster Presentation March 11-15, 2009**  
Self assessed psychotherapy competence and interest in residency  
Strauss A., Travis M. and Friedman E.
- 2008      **Resident Night Poster Presentation September 15, 2008**  
Self assessed psychotherapy competence in residents (pilot study)  
Strauss A., Travis M. and Friedman E.
- 2007      **WPIC Wide Journal Club**  
Presented “Glad for what TADS adds, but many TADS grads still sad and did some have less self-harm than they should have had”  
Strauss A. and Brent D.

## PUBLICATIONS

- 2015      **JAACAP Connect**  
Chellew, C, Strauss A. Concussion: Not Just a Bump on the Head Assessment and Management of a Complex Population. *JAACAP Connect*. 2015; 2 (2): 12-16
- 2013      **Adolescent Psychiatry**  
Strauss, A. Special Invited Article Concussion, Sports and Psychiatry. *Adolescent Psychiatry*. 2013; 4 (3): 307-315
- 2003      **Journal of General Internal Medicine - Abstract**  
Makoul G, Strauss A. Building therapeutic relationships during patient visits. *J Gen Intern Med*. 2003; 18 (1): 275.

## LEADERSHIP ACTIVITIES

- 2020-present      **ISSP (International Society for Sports Psychiatry) Mentorship Chair**  
Managing and developing mentorship opportunities for physicians interested in the field of sports psychiatry.
- 2013-present      **Treasurer**  
Regional Council American Academy of Child and Adolescent Psychiatry (AACAP)

### LEADERSHIP ACTIVITIES (Continued)

- 2013      **Co-Chair Career Development Forum October 24<sup>th</sup>, 2013**  
American Academy of Child & Adolescent Psychiatry 60<sup>th</sup> Annual Meeting
- 2012      **Co-Chair Career Development Forum October 25<sup>th</sup>, 2012**  
American Academy of Child & Adolescent Psychiatry 59<sup>th</sup> Annual Meeting
- 2011-2014      **Co-Chair for Early Career Psychiatrists (ECPs)**  
Regional Council American Academy of Child and Adolescent Psychiatry (AACAP)
- 2009-2010      **Chief Resident for Education and Chair of the Academic Administrative Clinical Educator Track (AAACE) Track**  
Organized resident educational activities and chaired the Academic Administrative Clinical Educator Track
- 2008-2009      **Chief -Vice Chair to the AAACE Track**  
Vice chair to the Academic Administrative Clinical Educator Track
- 2007-2008      **Vice President**  
Western Psychiatric Institute and Clinic resident Vice President
- 2006-2007      **Class Representative**  
Western Psychiatric Institute and Clinic PGY-2 representative
- 2005-2006      **Class Representative**  
Western Psychiatric Institute and Clinic PGY-1 representative

### PROFESSIONAL ACTIVITIES

- 2024-present      **AACAP Financial Planning Group**  
Member
- 2021-2024      **Social Media Campaign**  
Supporting the New Jersey Pediatric Psychiatry Collaborative (NJPPC)  
New Jersey Psychiatric Association
- 2018-present      **ISSP (International Society for Sports Psychiatry) Mentor**  
Supporting mentees in their development as sports psychiatrists
- 2014-2018      **AACAP Member of the Committee on Member Benefits**  
Member of American Academy of Child and Adolescent Psychiatry committee on Member Benefits

## PROFESSIONAL ACTIVITIES (Continued)

- 2011-2023     **AACAP Mentor**  
American Academy of Child and Adolescent Psychiatry Mentor  
Mentor to local psychiatric residents interested in child and adolescent psychiatry.
- 2014-2015     **Assembly Delegate**  
Regional American Academy of Child and Adolescent Psychiatry (AACAP)
- 2013            **Psychiatry Supervision for a Jefferson Psychosomatic Fellow**  
Provided clinical supervision to a Jefferson Fellow
- 2010-2013     **AACAP Member of the Committee on Medical Students & Residents**  
Member of American Academy of Child and Adolescent Psychiatry committee on Medical Students and Residents
- 2009-2010     **PROCAP Resident Representative**  
Resident representative to the Pittsburgh Regional Organization for Child and Adolescent Psychiatrists
- 2009-2010     **Curriculum Committee Representative**  
Resident representative on the curriculum committee
- 2008-2010     **Robert Morris University Moonlighting**  
Provided school and therapist consultation, evaluation/medication treatments to clients Robert Morris University
- 2008-2010     **Pittsburgh Pastoral Institute Moonlighting**  
Provided consultation to therapists, evaluation/medication treatments to clients Pittsburgh Pastoral Institute
- 2008-2010     **Physician Advisory Committee Representative**  
Resident representative for matters regarding electronic medical records Western Psychiatric Institute and Clinic
- 2008-2010     **Clinician Educator Committee Representative**  
Resident representative to the faculty academic clinical educator track Western Psychiatric Institute and Clinic
- 2007-2010     **Psychotherapy Training Committee Representative**  
Resident representative for matters regarding psychotherapy training Western Psychiatric Institute and Clinic
- 2007-2009     **Consultation-Liaison Moonlighting**  
Provided consultation-liaison services to four community hospitals in Pittsburgh (UPMC Shadyside, Southside, St. Margaret's and Passavant Hospitals)

## PROFESSIONAL ACTIVITIES (Continued)

- 2007-2008     **Severe Emergency Shelter Volunteer**  
Performed psychiatric evaluations and short term management  
Severe Emergency Shelters in Pittsburgh, PA
- 2007-2008     **Electronic Medical Record Committee Representative**  
Resident representative for matters regarding the electronic medical record  
Western Psychiatric Institute and Clinic
- 2006-2008     **Perspectives Dinners**  
Co-founder of monthly dinners to discuss topics not taught during residency
- 2006-2010     **Resident Recruitment Interviews and Meals**  
Western Psychiatric Institute and Clinic
- 2006-2007     **Medical Moonlighting**  
Performed medical evaluations on psychiatric patients  
Western Psychiatric Institute and Clinic

## TEACHING ACTIVITIES

- 2025            **Sports Related Concussion and Mental Health November 2025**  
Temple University Athletics Department  
Presented to the athletic department on the mental health aspects of post-concussion
- 2024            **Sports Psychiatry: Mental Health and Conference Realignment November 12<sup>th</sup>, 2024**  
Temple University Athletics Department  
Presented to the athletic department on trauma faced by athletes
- 2024            **Psychiatry Tuesday April 23<sup>rd</sup>, 2024**  
Collaborative Talk to Rowan Medical School Medical Students interested in Psychiatry
- 2024            **Starting a Private Practice Lecture Tuesday March 26<sup>th</sup>, 2024**  
University of Medicine and Dentistry New Jersey (UMDNJ)  
Robert Wood Johnson Medical School child and adolescent psychiatry fellows  
Presented on transitioning from training to private practice
- 2023            **Sports Psychiatry: Trauma November 14<sup>th</sup>, 2023**  
Temple University Athletics Department  
Presented to the athletic department on trauma faced by athletes
- 2023            **Healthy Minds, Healthy Body: Preparing your Students for a Happy and Healthy School Year. October 3<sup>rd</sup>, 2023 Co-speaker with Helen Liljenwall, MD**  
Duke Philadelphia Alumni  
Community presentation and discussion

## TEACHING ACTIVITIES (Continued)

- 2023      **Starting a Private Practice Lecture Tuesday May 16<sup>th</sup>, 2023**  
University of Medicine and Dentistry New Jersey (UMDNJ)  
Robert Wood Johnson Medical School child and adolescent psychiatry fellows  
Presented on transitioning from training to private practice
- 2023      **Sport Psychiatry: The Impact of Mental Health on Athletes, Injury and Recovery February 1<sup>st</sup>, 2023**  
University of Kwa Zulu Natal Department of Psychiatry in Durban, South Africa  
Presented to psychiatrists and psychiatric residents.
- 2022      **Sports Psychiatry: Challenges Faced by Transgender Athletes November 15<sup>th</sup>, 2022**  
Temple University Athletics Department  
Presented to the athletic department on burnout of coaches, staff and athletes
- 2021      **Burnout November 16<sup>th</sup>, 2021**  
Temple University Athletics Department  
Presented to the athletic department on burnout of coaches, staff and athletes
- 2020      **Sports Related Concussion and Mental Health November 17<sup>th</sup>, 2020**  
Temple University Athletics Department  
Presented to the athletic department on the mental health aspects of post concussion
- 2020      **Concussion, Traumatic Brain Injury and Psychiatry Lecture August 27<sup>th</sup>, 2020**  
University of Medicine and Dentistry New Jersey (UMDNJ)  
Robert Wood Johnson Medical School child and adolescent psychiatry fellows  
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2019      **Starting a Private Practice Lecture February 28<sup>th</sup>, 2019**  
University of Medicine and Dentistry New Jersey (UMDNJ)  
Robert Wood Johnson Medical School child and adolescent psychiatry fellows  
Presented on transitioning from training to private practice
- 2019      **Pediatric Concussion Inter-Disciplinary Grand Rounds February 15<sup>th</sup>, 2019**  
RowanSOM Rowan University School of Osteopathic Medicine  
Co-presenter on the mental health aspects of pediatric concussion  
West Deptford Pediatrics  
Presented to pediatricians medication for children with depression and anxiety
- 2018      **Decreasing Youth Violence: More Safety Presentation June 14<sup>th</sup>, 2018**  
Local Community  
Presented to the community on risk and protective factors regarding youth violence

## TEACHING ACTIVITIES (Continued)

- 2017      **Post Traumatic Stress Disorder and Oppositional Defiant Disorder October 3<sup>rd</sup>, 2017**  
Yorkship Family School teachers and staff  
Taught 30 minute class on PTSD and ODD
- 2017      **Starting a Private Practice Lecture April 18<sup>th</sup>, 2017**  
University of Medicine and Dentistry New Jersey (UMDNJ)  
Robert Wood Johnson Medical School child and adolescent psychiatry fellows  
Presented on transitioning from training to private practice
- 2017      **Psychopharmacology Update January 11<sup>th</sup>, 2017**  
Woodbury Family Practice Residents  
Taught a 1 hour class on atypical antipsychotics
- 2016      **Concussion, Traumatic Brain Injury and Psychiatry Lecture April 28<sup>th</sup>, 2016**  
Widener University Psychology Students  
Taught a 1.5hr class on TBI and mental health
- 2015      **Fear and Anxiety in Adolescents Confirmation Class January 6<sup>th</sup>, 2015**  
Temple Emanuel 10<sup>th</sup> grade confirmation class  
Taught a 1.5 hour class on fear, anxiety and coping skills.
- 2014      **Starting a Private Practice Lecture December 23<sup>rd</sup>, 2014**  
University of Medicine and Dentistry New Jersey (UMDNJ)  
Robert Wood Johnson Medical School child and adolescent psychiatry fellows  
Presented on transitioning from training to private practice
- 2014      **Concussion, Traumatic Brain Injury and Psychiatry Lecture December 23<sup>rd</sup>, 2014**  
University of Medicine and Dentistry New Jersey (UMDNJ)  
Robert Wood Johnson Medical School child and adolescent psychiatry fellows  
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2012      **Concussion, Traumatic Brain Injury and Psychiatry Lecture December 19<sup>th</sup>, 2012**  
Children's Hospital of Philadelphia (CHOP)  
Children's Hospital of Philadelphia (CHOP) child and adolescent psychiatry fellows  
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2012      **Concussion, Traumatic Brain Injury and Psychiatry Lecture April 25<sup>th</sup>, 2012**  
Thomas Jefferson University  
Thomas Jefferson University child and adolescent psychiatry fellows  
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment

## TEACHING ACTIVITIES (Continued)

- 2012      **Private Practice Psychiatry February 2<sup>nd</sup>, 2012**  
University of Pittsburgh Medical Center (UPMC) Western Psychiatric Institute and Clinic  
Western Psychiatric Institute and Clinic (WPIC) psychiatry residents and fellows  
Presented on transitioning from training to private practice
- 2011      **Concussion, Traumatic Brain Injury and Psychiatry Lecture November 30<sup>th</sup>, 2011**  
Children's Hospital of Philadelphia (CHOP)  
Children's Hospital of Philadelphia (CHOP) child and adolescent psychiatry fellows  
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2011      **Child and Adolescent Post Traumatic Stress Disorder (PTSD) June 22<sup>nd</sup>, 2011**  
Crossroads Programs, Inc. Providers and Treatment Parents  
Presented on PTSD with a focus on the diagnosis and treatment of children and adolescents
- 2011      **The Mental Game – Interactive Workshop June 8<sup>th</sup>, 2011**  
Bombers Baseball Medford, NJ  
Players ages 10 to 12 years old and their parents  
Presented on building confidence, a positive approach to the game and increased awareness to the obstacles that may get in our way
- 2011      **Concussion, Traumatic Brain Injury and Psychiatry Lecture March 22<sup>nd</sup>, 2011**  
University of Medicine and Dentistry New Jersey (UMDNJ)  
Robert Wood Johnson Medical School child and adolescent psychiatry fellows  
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2010      **Concussion, Traumatic Brain Injury and Psychiatry Talk October 20<sup>th</sup>, 2010**  
Centra, P.C Staff Meeting  
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2010      **Sports and Psychiatry Lecture March 24<sup>th</sup>, 2010**  
University of Pittsburgh in Pittsburgh, Pennsylvania  
Presented on mental illness in athletes to students of physical therapy and athletic training
- 2010      **Concussion Lecturer January 12<sup>th</sup>, 2010**  
St. Margaret's Hospital as part of the University of Pittsburgh Medical Center  
Lecture for family medicine residents on the psychiatric aspects of concussion
- 2008-2010      **Psychopharmacology Lecturer**  
Western Psychiatric Institute and Clinic  
Lectured psychology interns on mood stabilizers and antipsychotics



### TEACHING ACTIVITIES (Continued)

- 2008-2010     **Child and Adolescent Psychiatry Lecturer**  
 Western Psychiatric Institute and Clinic  
 Lectured 3<sup>rd</sup> year medical students about child and adolescent psychiatry
- 2007-2010     **Small Group Leader**  
 University of Pittsburgh Medical School  
 Taught 3rd Year University of Pittsburgh Medical School students psychiatry
- 2009            **1<sup>st</sup> Year Medical Student Patient Interviewing**  
 Western Psychiatric Institute and Clinic  
 Led group of medical students through the process of psychiatric interviewing
- 2008-2009     **Co-leader of Resident as Teacher Workshop**  
 Western Psychiatric Institute and Clinic  
 Led psychiatry interns in 3 hour workshop on teaching techniques
- 2006            **Superuser Trainer**  
 UPMC Shadyside Hospital  
 Trained attending physicians in the use of the electronic medical record
- 2006            **Problem Based Learning Leader**  
 University of Pittsburgh Medical School  
 Taught 1<sup>st</sup> Year University of Pittsburgh Medical School students psychiatry

### SUPPLEMENTAL EDUCATION DURING RESIDENCY

- 2010            **Counseling the Athlete Across the Life Span March 18<sup>th</sup>, 2010**  
 American Counseling Association Conference in Pittsburgh, Pennsylvania
- 2009            **PSY 430/530: Introduction to Sport & Exercise Psychology (observer)**  
 Chatham University class taught by Aimee Kimball, Ph.D.
- 2009            **Trauma-Focused Cognitive Behavioral Therapy for Traumatized Children & Their Families**  
 Allegheny General Hospital
- 2007            **BUS-240-NC60 Small Business Management 1**  
 Community College of Allegheny County class taught by Eric Wortzmann
- 2006-2007     **Psychodynamic Psychotherapy Training**  
 Year long course taught by the psychoanalytic institute in Pittsburgh  
 James T. McLaughlin Training Program

SUPPLEMENTAL EDUCATION DURING RESIDENCY (Continued)

|                          |                                                                                                                                                                                                                                                                           |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2006                     | <b>EMDR</b><br>Level I training in Eye Movement Desensitization and Reprocessing (EMDR)<br>Western Psychiatric Institute and Clinic                                                                                                                                       |
| <u>ELECTIVE TRAINING</u> |                                                                                                                                                                                                                                                                           |
| 2010                     | <b>CABS Program with David Axelson MD and Boris Birmaher MD</b><br>Evaluation and treatment of bipolar children                                                                                                                                                           |
| 2009-2010                | <b>STAR Program with David A. Brent MD</b><br>Evaluation and treatment of depressed and suicidal adolescents at the Services for Teens at Risk (STAR) Center.                                                                                                             |
| 2009-2010                | <b>Child and Adolescent ADHD Program with Oscar Bukstein MD</b><br>Evaluation and treatment of children and adolescents with Attention Deficit Hyperactivity Disorder (ADHD), including National Collegiate Athletic Association (NCAA) specific evaluations and reports. |
| 2009-2010                | <b>Concussions in the child and adolescent with Mark Lovell PhD and Cara Reddy MD</b><br>Training with neuropsychologists and physical medicine and rehabilitation physicians in the evaluation and treatment of post-concussive syndrome                                 |
| 2009-2010                | <b>Psychodynamic and Play Therapy Eleanor Irwin PhD</b><br>Psychodynamic and Play therapy treatment and training                                                                                                                                                          |
| 2008-2010                | <b>Medication Management for the Psychology Intern Program with Duncan Clark MD</b><br>Patient evaluation/medication treatment with consultation for the psychology interns                                                                                               |
| 2007-2010                | <b>Psychodynamic Psychotherapy with Joseph Hinchliffe MD</b><br>Treating multiple long term psychodynamic psychotherapy cases                                                                                                                                             |
| 2009                     | <b>Child and Adolescent Dual Diagnosis Program with Oscar Bukstein MD</b><br>Treatment of children and adolescents with substance use disorders and other co-morbid mental illness.                                                                                       |
| 2008-2009                | <b>Family Therapy with Lenny Woods, LCSW</b><br>Family therapy treatment and training                                                                                                                                                                                     |
| 2008-2009                | <b>IBD study with Eva Szigethy MD PhD</b><br>Cognitive Behavioral Therapy (CBT) treatment for children with Inflammatory Bowel Disease                                                                                                                                    |

### ELECTIVE TRAINING (Continued)

- 2007-2008     **Pittsburgh Action Against Rape**  
Trauma therapy training and treatment
- 2007           **Adolescent Dual Diagnosis Group Therapy**  
Group therapy co-leader for adolescents' with drug, alcohol and mental illness
- 2007           **University of Pittsburgh Counseling Center**  
Evaluations and medication management for University of Pittsburgh students

### CONSULTING AND CONTRACT WORK

- 2022-present   **Consulting Sport Psychiatrist**  
United States Olympic & Paralympic Provider
- 2021-2022     **Consulting Sport Psychiatrist**  
Philadelphia 76ers  
Camden, NJ
- 2012-present   **Garfield Park Academy**  
Psychiatric evaluation and medication management for students
- 2011-2019     **Brookfield School**  
Psychiatric consultant to Brookfield Academy and Elementary Schools
- 2011-2013     **Crossroads Programs**  
Psychiatric evaluation and medication management for children and adolescents in the foster care and group home setting

### SPORT PSYCHIATRY APPROVED PROVIDER

- 2020           **United States Olympic & Paralympic Committee (USOPC)**  
USOPC Mental Health Registry
- 2020           **National Football League Players Association (NFLPA)**  
NFL Players Association Mental Health Clinician Directory

### VOLUNTEER SUPPORT

- 2020-2021     **Physician Support Line**  
Covid-19 on call resource for physicians nationwide

### PROFESSIONAL MEMBERSHIPS

2011-present South Jersey Psychiatric Association  
 2010-present New Jersey Psychiatric Association  
 2007-present International Society for Sports Psychiatry (ISSP)  
 2003-present American Psychiatric Association (APA)  
 2003-present American Academy of Child & Adolescent Psychiatry (AACAP)

### NON-PROFESSIONAL BOARD APPOINTMENTS

2020-2024 **Northwestern University Club of Philadelphia**  
 Membership chair 2021-2024  
 President 2024

2019-present **Sunnybrook Swim Club**  
 Covid liaison 2020-2022  
 President 2022- 2025  
 Board member 2026- present

### NON-PROFESSIONAL MENTORSHIP

2024 **Blue Devil Bridges Mentorship**  
 Student Mentorship Duke University

2020-2021 **Virtual Heart-to-Hearts Program**  
 Northwestern University Feinberg School of Medicine

2020 **Winter Break Mentorship**  
 Student Mentorship Duke University